



MAY 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 AVID Certification Meeting Board Room 2:45 p.m.	2	3	4 Cinco de Mayo Celebration Student Performance @ New Temple Student of the Year 9:00 a.m.	5
6	7 Teacher Appreciation Week	8	9 School Board Meeting <i>Junta de La Mesa Directiva</i> 7:00 p.m.-Shively Board Room	10	11	12
13 	14 Akitoi Learning Center Visits New Temple 9:00 a.m.	15	16	17	18	19
20	21 Classified Appreciation Week	22 Jr. Olympics Opening Ceremonies @ Shively - 9:00 a.m.	23 Jr. Olympics Second Day of Events @ Shively	24 Jr. Olympics Medal Ceremony @ Shively - 10:00 a.m.	25 Admission's Day No School No Hay Escuela	26
27 Saints Band Performs @ City Hall 11:00 a.m.	28	29 Student Awards Grade 8 - 9:45 a.m. ELAC/DELAC Meeting @ New Temple Staff Lounge - 8:30 a.m. SSC/PAC Meeting @ Shively Board Room - 3:00 p.m.	30 Student Awards Grade 7 9:45 a.m. CAASPP State Testing Ends	31 Student Awards Grade 6 9:45 a.m.		

Cinco Pasos Fáciles que Pueden Tomar para Permanecer Sanos

Anime a sus niños/niñas a que agreguen más pasos-quemen más calorías-haciendo estos simples cambios en su rutina diaria.

1. Estacionese lejos de la entrada de la biblioteca, del centro comercial, o del centro de la comunidad.
2. Usen las escaleras en vez de la escalera mecánica o del elevador cuando vayan de compras o a citas con el doctor.
3. Caminen alrededor de la cuadra de su casa varias veces después de la cena. Nota: Para estar seguros, caminen con un amigo/amiga, usen la banqueta y no tomen los atajos.
4. Hagan trabajos activos en la casa: saquen la basura, pasen la aspiradora, guarden sus cosas.
5. Usen la bicicleta o los patines para ir a la casa de un amigo/amiga después de la escuela.

Five Easy Steps to Keep Fit

Encourage your children to add more steps-and burn more calories-by making these simple changes in their daily routine.

1. Park farther away from the entrance to the library, mall, or community center.
2. Take the stairs rather than the escalator or elevator when shopping or going to doctor appointments.

3. Walk around the block several times after dinner. Note: To stay safe, walk with a friend, use sidewalks, and don't take shortcuts.
4. Do active chores: take the garbage out, vacuum, put away clutter.
5. Bike or rollerblade to a friend's house after school.

